

# Report from the Master

Greetings Brethren,

We had a great evening and update with WBro Andre Peipi last Meeting explaining his achievement in the last year and a bit, becoming a Knight of the Republic of the Philippines, again huge congrats.

Personally, nothing quite as successful. After having a sick toddler at home with suspected strep throat for a week, I have finally finished a refit of my shop and doubled the space, before I leave for the new job on the 1st of April, it's only taken 4 weeks but I'm really happy with the outcome (and no fingers damaged).

A great parting gift to Cactus, I have a week and a bit off before I start the new job at Colorado Traders, also turning 38 years young this month so lots of milestones.

Standing committee will be held on "Zoom" again this month and a decision on our meeting for March will be made. Assuming covid hasn't taken its grasp on our membership we will go ahead.

Anzac meeting next month hopefully we will get back to some normality and be able to get a few more Masons and non-masons involved in the ceremony.

IPM WBro Nicholls will be allocating roles in the Ceremony to the empty Chair.





Ahdut Coah Hi Worshipful Master Warwick Henty





## Film review: Belfast

Belfast is a wonderful film currently showing at the Lighthouse Cinema. The film was made in 2021, in the middle of the pandemic, and is about life in a strife-torn working class street in Belfast, Northern Ireland in 1969/70. The main character is 9-year-old Buddy and his Protestant family living in a predominantly Catholic area. The family members get on well with their Catholic neighbours, but that doesn't sit well with other local Protestants. There are scenes of hatred, violence, and fire and brimstone preaching at the pulpit. My interpretation is that the film is a love story. Buddy's parents struggle with financial problems but love

each other dearly and are torn between staying in Belfast where they grew up or, for the benefit of their two sons, leaving the country for a house with a garden and work opportunities in London or a more peaceful life in Commonwealth countries such as Australia or Canada.

Having visited Belfast a few years ago and learnt about the Troubles, I can sense that the film is most likely an accurate portrayal of what Belfast families experienced at that time. Barricades and soldiers in the streets, barbed wire everywhere, and the constant threat of violence from the other side must have been terrifying. Throughout the film there is plenty of music from Belfast-born Van Morrison.

This is a sad movie because it shows intense hatred between people just because of religion, but it's also a happy film as it has its comedy moments and light side, particularly as Buddy falls in love with a girl in his class.

I wholeheartedly recommend this film. Go and see it.

WBro David Ryan

# **Freemasons NZ Charity - The Freemasons Park**

The Potter Masonic Trust and Lodges from South Auckland have funded The Freemasons Park at Homai College for the Blind and Visually Impaired to the tune of over half a million dollars. It is an interactive garden that caters for the needs of the blind and visually impaired.



# Freemasons former building - Island Bay



221 Clyde Street is an unusual, two-storey former Masonic Lodge that was designed in an Arts and Crafts style.

This hall has some local historical significance to the Island Bay community and in particular for members of Masonic Lodge, No.243, now permanently closed. The hall also has historic significance for its association with Lord Jellicoe who was the Master of this lodge when it was first formed (later Grand Master of the Masonic Lodge in New Zealand, and Governor General).

The building occupies a prominent corner site and has been a familiar landmark in Island Bay since the mid-1920s.

**Recipe - Chicken Soup** 



### **Ingredients**

1 tablespoon avocado oil or olive oil

6 cloves of garlic, minced

1 yellow onion, diced

2 large carrots, thinly sliced

2 celery stalks, roughly chopped

1 tablespoon fresh grated ginger

1 tablespoon fresh grated turmeric (or 1 teaspoon ground turmeric)

6 cups low sodium chicken broth

1 pound boneless skinless chicken breast or thighs

1 teaspoon freshly chopped rosemary

1 teaspoon freshly chopped thyme, stems

removed

½ teaspoon salt

Freshly ground black pepper

1 cup pearl or Israeli couscous

2/3 cup frozen peas (optional, but recommended)

### Method

- Place a large dutch oven or pot over medium high heat and add in oil. Once oil is hot, add in garlic, onion, carrots and celery; cook for a few minutes until onion becomes translucent.
- Next add in grated ginger and grated turmeric. Sauté for 30 seconds to let the spices cook a bit, then add in chicken broth, chicken breast, rosemary, thyme, salt and pepper.
- 3. Bring soup to a boil, then stir in couscous. You'll want the chicken to be covered by the broth so make sure you stir them down to the bottom.
- 4. Reduce heat to medium low and simmer uncovered for 20-25 minutes or until chicken is fully cooked.
- 5. Once chicken is cooked, remove with a slotted spoon and transfer to a cutting board to shred with two forks. Add chicken back to pot then stir in frozen peas. If you find that you don't have enough broth, feel free to add in another cup. Everyone likes their soup differently. Taste and adjust seasonings, if necessary. Enjoy.

# HEDOW

At Little Shadow we offer affordable counselling and support for parents experiencing perinatal distress, including baby loss and infertility. (Perinatal means anything to do with pregnancy, birth and the first years of a baby's life.) We provide you with a safe, non-judgemental space to seek healing, resilience and empowerment.

We also offer affordable counselling to Midwives and provide services for Workplace Wellness.

Our collective of counsellors are professionally trained to help you navigate those tricky times in life. From depression to grief, loss, anxiety and trauma and managing life's changes. Our team also have specialist training and professional development to help support those in the perinatal period. Our counsellors genuinely relate – many have experienced perinatal or other life periods of distress, and all of them are parents.

The cost of our counselling for Parents and Midwives is subsidised by our generous donors, fundraising events and grants.

**Black Dog Collective** 



The Black Dog Collective is on Facebook by sharing anything they create; Steve Griffin is responsible for the content, and it is something important to all of

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